

COVID-19 Procedures for Summer Camp

The Graham Recreation and Parks Department (GRPD) intends for this guidance to help our day camp facilities and programs make informed decisions about COVID-19 and minimize the risk of exposure for our staff and the children and their families in our care. Policies and procedures set forth in this document follow CDC guidelines and the NC Department of Health and Human Services' *Interim Coronavirus Disease 2019 (COVID-19) Guidance for Day Camp or Program Settings Serving Children and Teens (updated May, 27, 2020)*.

In addition to these procedures, the safety of our campers and staff depend on the cooperation of our camp families. The GRPD requests:

- Parents should not bring anyone to a camp facility if a child or anyone in the household is showing signs of illness of any kind or who may have been exposed to COVID-19 home.**

Symptoms of COVID-19

- fever*
- cough
- shortness of breath or difficulty breathing

Additional symptoms include chills, new loss of taste or smell, and vomiting/diarrhea (children only). While symptoms in children are similar to adults, children may have milder symptoms.

*Fever is determined by a thermometer reading 100.4° or higher or by subjective signs such as flushed cheeks, fatigue, extreme fussiness, chills, shivering, sweating, achiness, headache, not eating or drinking.

- Parents present a doctor's note allowing for the return to camp for anyone denied access to a camp facility due to symptoms of COVID-19.**
- Parents sign and submit the COVID-19 waiver for all members of their household attending the 2020 Summer Day Camp program.**

The GRPD will ensure:

- Parents/families will be sent COVID-19 related instructions in preparation for camp opening (i.e. - staying home if symptomatic).
- Staff will receive appropriate training:
 - o Virtual Training
 - PPE recommendations
 - Recognizing symptoms of COVID-19
 - o First Aid/CPR Training will be conducted in person with social distancing
- Information on proper use, removal, and washing of cloth face coverings will be provided to all staff and campers

Arrival/Departure procedure:

- Before arrival: Parents should monitor their children for any symptoms of COVID-19 and to keep them home if showing any signs of illness.
- Arrival and departure procedures will attempt to limit direct contact between staff and parents.
- A staff member will greet and screen children outside (as weather allows) as they arrive.
 - o A designated staff person will walk children into the facility and at the end of the day, walk them back to their cars.
 - o The staff person greeting children will not be a person at higher risk for severe illness from COVID-19.
 - o Staff will monitor and discourage congregation during arrival and departure.
- If possible, the same parent or designated person should drop off and pick up the camper(s) every day. Families should avoid designating those considered at high risk.
- Hand hygiene stations will be set up at the entrance of each facility, so that staff and children can clean their hands before they enter. If a sink with soap and water is not available, hand sanitizer with at least 60% alcohol will be provided. Use of hand sanitizer by campers will be supervised at all times.

Prevention of virus that causes COVID-19 from entering the building:

- COVID-19 Information signs (in English and Spanish) will be posted at all entrances to the facility.
- Only children and staff who are required for daily operations of day camp will be allowed inside the camp facilities.
- Counselors will be restricted to one group of campers. The use of “floater” counselors to provide coverage for staff at meal time and breaks will be limited.
- (REQUIRED)** Daily health screenings will be conducted on all individuals entering the facility (see **Daily Health Screening of Staff and Children for COVID-19** below). This screening will exclude individuals who are in any one of these four categories from entering the facility:
 1. Person is showing any of the symptoms of COVID-19
 2. Person thinks they could have COVID-19
 3. Person has tested positive for COVID-19
 4. Person is awaiting the results of testing for COVID-19
- Children and staff who share a home (including siblings) or who have been in close contact with anyone in the four categories above will be excluded from entering the facility.
- Staff will be encouraged to stay home as appropriate.

If a camper, staff member or anyone in their immediate household displays symptoms during the program day and/or tests positive for COVID-19, the GRPD will:

- Immediately notify all parents/guardians of campers in the day camp program
- Close the affected facility for four days to properly sanitize and clean
- (REQUIRED)** Consult with the Alamance County Health Department for guidance on cleaning, closure, and potential exposures and suspected cases

Those who have been excluded will only be readmitted to the facility when they can answer YES to all the following questions:

- Has it been at least 10 days since you first had symptoms?
- Have you been without fever for three days (72 hours) without any medicine for fever?
- Have there been three days (72 hours) since your symptoms have improved?

- Household members and people who have been in close contact with someone who has had symptoms of COVID-19 should stay home as much as possible for 14 days, monitor themselves for symptoms, and consult with their local health department. Close contact is defined as, within 6’ for at least 10 minutes. If symptoms of COVID-19 develop, they should take the same steps as above to prevent spreading it.

Before reopening facilities, the GRPD will:

- Take steps to ensure water systems and devices are safe to use after a prolonged facility shutdown to minimize the risk of Legionnaire’s Disease and other disease associated with water.
- Train all staff and communicate with families on the following:
 - o Enhanced sanitation practices
 - o Social distancing guidelines
 - o Screening practices
 - o COVID specific exclusion criteria
- Make sure adequate supplies are available to meet cleaning requirements.

Children or staff who develop symptoms during the day:

- (REQUIRED)** If a child or staff member develops any symptoms of COVID-19, they (and their family members) will be sent home as soon as possible.
- While waiting for a sick child to be picked up, staff will stay with the camper in an area isolated from others. If the camper has symptoms of COVID-19, staff will remain as far away as safely possible from the camper (preferably 6’) while maintaining visual supervision. Staff will wear a cloth face covering. If tolerated, the child should wear a cloth face covering also.

Preventing the spread of the virus in the camp facility:

- Social distancing strategies will be followed:
 - o Campers will stay 6' apart as much as possible
 - o Signage and other messaging to remind campers and staff of physical distancing will be posted around facilities
 - o Day camp groups will include the same children and counselor each day
 - o Where and when possible, each group will use a separate area of the facility
 - o Mixing of children will be limited (e.g., staggering playground times, keeping groups separate for activities such as art and music)
 - o No "all camp" assemblies or field trips will be scheduled
 - o When eating meals, camp groups will remain separated rather than having all campers eat meals together.
 - o Sports or activities in which participants cannot maintain social distancing of more than 6' apart will not be allowed
- Proper hand hygiene guidance for adults and children such as washing hands frequently with soap and water for at least 20 seconds will be followed. In addition to usual handwashing, hands will be washed:
 - o Upon arrival in the morning
 - o Transitioning between activities
 - o Before and after eating meals and snacks
 - o After blowing noses, coughing, or sneezing or when in contact with body fluids
 - o After toileting
- Step stools for smaller children who have trouble reaching soap/sinks will be provided.
- Ventilation systems will be monitored to ensure proper operation and open windows and doors, fans, and other methods will be used to increase circulation of outdoor air as much as possible.
- Cloth face covering guidelines will be followed
 - o When feasible, staff members should wear cloth face coverings when in the camp facility and when unable to maintain at least 6' distance outdoors
 - o Campers should wear face coverings (must be provided from home) if it is determined they can reliably wear, remove, and handle masks following CDC guidance
 - o Information on proper use, removal, and washing of cloth face coverings will be provided to all staff and campers
 - o In general, the day camp program will follow CDC Guidance for wearing cloth face coverings
- Campers and staff will be:
 - o Encouraged to avoid touching eyes, nose, and mouth
 - o Encouraged to cover coughs and sneezes with a tissue or an elbow
- Hand sanitizing products with 60% alcohol may be used in lieu of handwashing when outdoors if hands are washed upon returning indoors. Hand sanitizer will be stored out of reach of young children when not in use.

Sanitation and hygiene practices:

- GRPD staff will:
 - o **(REQUIRED)** Follow CDC and the NCDHHS Environmental Health Section guidance for cleaning and disinfection recommendations
 - o **(REQUIRED)** Use an EPA-registered disinfectant that is active against coronaviruses and follow manufacturer's instructions for use and contact time
 - o Clean and disinfect frequently touched surfaces throughout the day
 - o Ensure disinfection of items not ordinarily cleaned daily such as doorknobs, light switches, countertops, chairs, cubbies, and playground structures
 - o Clean and disinfect shared tools, supplies, and equipment
 - o Allow time for cleaning between activities
 - o Minimize use of shared supplies and label individual supplies and items
 - o Routinely check and refill/replace hand sanitizer at entries, soap, and paper towels in bathrooms
 - o Provide alcohol-based hand sanitizer with 60% alcohol at every entrance and exit of each facility if supplies are available
 - o Incorporate bathroom breaks and handwashing breaks

- Toys and other items that cannot be cleaned and sanitized/disinfected will not be used. (Children's books are not considered a high risk for transmission and do not need additional cleaning or disinfection.)

People who may be at higher risk of severe illness from COVID-19:

- People aged 65 years and older
- People of all ages with underlying medical conditions, particularly if not well controlled, including:
 - People with chronic lung disease or moderate to severe asthma
 - People who have serious heart conditions
 - People who are immunocompromised
 - Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications
 - People with severe obesity (body mass index [BMI] of 40 or higher)
 - People with diabetes, chronic kidney disease undergoing dialysis, or liver disease
 - Please note that people who are pregnant have been known to be at higher risk of severe viral illness, however, to date, data on COVID-19 has not shown increased risk
- Staff concerned about being at higher risk should discuss with their supervisor. They may want to speak with their medical provider to assess their risk.

General camp operations:

- If necessary for younger campers: instead of campers bringing book bags each day, each camper will bring a 1-gallon size Ziploc bag with their name on it and a change of clothes (shirt, shorts, socks, underwear) on the first day of the week. This will be stored on-site for the entire week. No bags should come and go daily.
- To minimize the use of water fountains, children should bring their own water bottle (labeled with camper's name) to be stored with their lunch. If a child forgets, we will provide cups or mini bottles of water (disposable).
- An isolation area will be set-up for when a camper becomes ill or exhibits symptoms during camp.
- Campers will be supplied their own bag of craft supplies (crayons, markers, scissors, etc.) to reduce sharing
 - Each day, campers return bags for sanitizing and use the next day
- Restroom breaks will be staggered
 - Restrooms will be sanitized before and after each group
 - Maintenance staff will assist with sanitizing restrooms when possible
- Traditional field trips will be canceled; guest speakers/performers may visit with strict social distancing
- Sports or activities in which participants cannot maintain social distancing of more than 6' apart will not be allowed
- Lunch & Snacks:
 - Meals should be distributed by one counselor
 - Satellite locations should be used to ensure proper distancing - rooms, shelters, gym, outdoors, etc.
 - All campers will wash hands with soap and water before and after meals
- Sunscreen - must be provided by parents/guardians and labeled, must be spray on
- A dedicated "safety" or "health" monitor will help with the extra in-between cleaning and staggering of bathroom breaks
- Additional cleaning and sanitation will be performed multiple times throughout the day
 - Cleaning checklists will be posted in each facility
- Hand sanitizing stations will be placed in each room where campers spend extended time
- Per CDC Guidelines, staff will wear cloth masks at all times
 - Children may wear masks should they choose (and provide their own), but it will not be mandated
- Staff will wear appropriate PPE when cleaning (mask, gloves, TBD by risk manager)
- Medications
 - Administration of all medication will follow the GRPD's Medication Policy
 - Epi Pens & Inhalers will be provided by the camper

- Early pickup - Parents/Guardians will need to drive up to the facility & call. A sign will be placed curbside with the appropriate number
 - o If child must be picked up for an appointment or anything requiring early dismissal, the child may not return to camp the same day
- Parent meetings will be held by appointment only and will be held in the Program Supervisor's office

Daily Health Screening of Staff and Campers for COVID-19

The staff member conducting screenings should maintain a 6' distance while asking questions. Each staff person and those dropping off campers will be asked the following questions before being allowed to enter the facility. Anyone who answers YES to the following questions will not be allowed to enter the facility.

Everyone wishing to enter the facility will be asked:

- Do you or do any of the campers you are dropping off have a fever*, cough, shortness of breath or difficulty breathing, chills, new loss of taste or smell (vomiting or diarrhea-children only)?
- Have you or any of the campers you are dropping off:
 - o Had any of these symptoms since last time you were last here?
 - o Been in contact with anyone with fever*, cough, shortness of breath or difficulty breathing, chills, new loss of taste or smell (vomiting or diarrhea-children only) since the last time you were here?
 - o Potentially been exposed** to COVID-19 or have reason to believe you/they have COVID-19?
 - *Fever is determined by a thermometer reading 100.4 or higher or by subjective signs such as flushed cheeks, fatigue, extreme fussiness, chills, shivering, sweating, achiness, headache, not eating or drinking.
 - **Exposure is sharing a household or having close contact with anyone with COVID-19 or has symptoms of COVID-19.

Staff and campers will be screened by:

- Making a visual inspection for signs of infection such as flushed cheeks, fatigue, or irritability
- Having their temperature taken with an infrared thermometer
 - o The staff person taking temperatures will wear cloth face coverings. Stay 6' apart unless taking temperature.
 - o If possible, parents, family members, or legal guardians should bring a thermometer from home to check their own child's temperature at drop off.

If using the facility's thermometer, staff will:

- Wash hands or use hand sanitizer before touching the thermometer
- Wear gloves if available and change between direct contact with individuals
- Clean and sanitize the thermometer according to manufacturer's instructions
- Wash hands or use hand sanitizer after removing gloves and between direct contact with individuals

Temperatures will not be taken orally (under the tongue) because of the risk of spreading COVID-19 from respiratory droplets from the mouth.

- Health screenings may be repeated periodically throughout the day on staff and campers to check for developing symptoms.