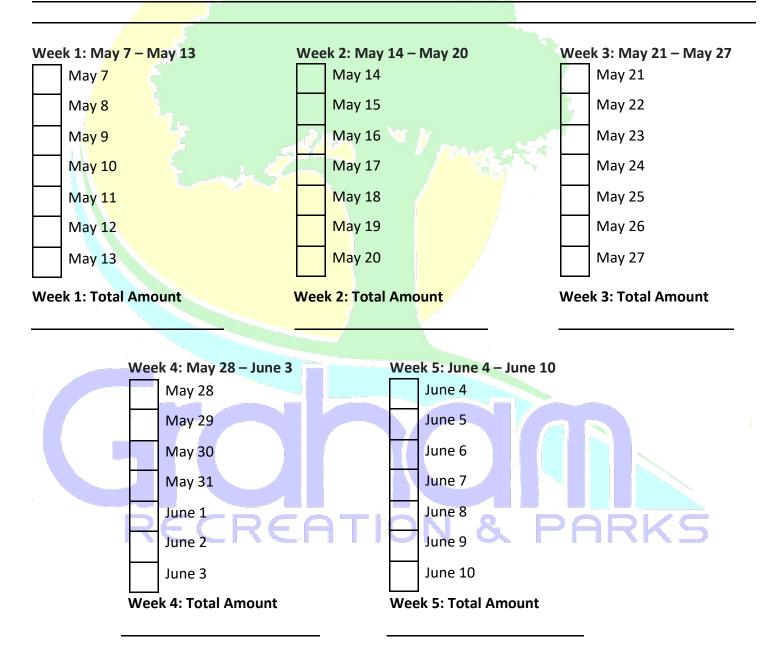
Graham Walks - Activity Tracker

Please use the check boxes below to document completing your activity on the corresponding days. You may use the "Total Amount" question to document your specific accomplishment (total steps, miles, minutes, etc.). Get moving, Graham!

| Name: | | | | | |
|--------|---|---|--------------|-----|--|
| Email: | 1 | - | and an angle | * 9 | |

What is your overall goal for this program? (Ex: Walk 2 miles 3 days/week, walk 5,000 steps each week, etc.)



Did you accomplish your goal during Graham Walks?